HOT MEALS

Nancy Devereux Center - Free 12 Newmark St, Coos Bay @'Y" Ocean Blvd and Newmark Ave 541.888.3202 Mon, Wed, Fri 11:30A - 12:30P

South Coast Gospel Mission - Free 1999 North 7th St, Coos Bay 541.269.5017 Sat. Breakfast 7:30-8A Saturday Dinner 3:30-4:30 M-F Breakfast 7-7:30A M-F Lunch 12-1P Dinner 5-6P

T.H.E. House - Free 745 Koosbay Blvd, Coos Bay 541.267.5331 **7 Days a week 6-6:45P**

United Methodist Church - Free 123 Ocean Blvd. Coos Bay 541-267-4410 **Sat 11:30A - 1P**

Crossroads Community Cafe 1972 Sherman (Hwy 101 S) North Bend Same block as North Bend Hotel 541.751.0141 **M-F 10A - 3P** \$1.50 per meal or a 15-minute barter job (for barter job arrive b/w 9-9:30 A or ask at desk)

FREE FOOD BOXES

Coos Bay Seventh-Day Adventist 2175 Newmark, Coos Bay 541.756.5812 **Tuesday Only 9:30-noon**

Coos Food Cupboard 370 Market St, Coos Bay 541.269.5829 **Mon, Wed, Fri 12-2P**

North Bend Presbyterian Church 2238 Pony Creek Rd, North Bend 541.756.4155 **Mon & Wed 9:30A - Noon**

Church of the Nazarene 1850 Clark Rd, North Bend M.W.F Noon - 3P

Salvation Army 1155 Flanagan Ave, Coos Bay Empire Area 541.888.5202 **Tue-Fri 9:30-Noon**

T.H.E. (1 box per month) 745 Koosbay Blvd, Coos Bay 541.267.5331 **Monday ONLY 8A - 1P** Call first to check availability

SOCIAL SERVICES

ORCCA (Oregon Coast Community Action) 1855 Thomas Ave, Coos Bay (Behind Staples & Wal-Mart) 541.435.7080 M,W,F: 8-5P Tues 1-5P

Dept of Human Services Food Stamps 2110 Newmark Ave, Coos Bay 541.888.2667 **M-F 7-5:30P**

Food Stamps Senior & Disabled 3030 Broadway, North Bend 541.469.9299 **M-F 8-5P**

HOUSING ASSISTANCE

Coos/Curry Housing Authority 1700 Monroe St, North Bend 541.756.4111 M-Th 7-5:30P closed for lunch between 12-12:30

ORCCA (Oregon Coast Community Action) 1855 Thomas Ave, Coos Bay 541.435.7080 M,W,Th, F 8-5P Tues: 1-5P

Bay Area First Step Transitional & Perm. Alcohol & Drug Free Supportive Housing 1942 Sheridan Ave, North Bend 541.756.3111 **M-Th 7-6P**

TRANSPORTATION

C-CAT (Coos County Area Transit) 541.267.7111 / www.coostransit.org

Bay Area Loop Bus \$1.25/.50 youth 6-17yr

Dail-a-Ride: Senior & Person W. Disability: \$1.50 Intercity Connectors Adult \$2 (Youth \$1) per segment. Cities served: Coquille, Myrtle Point, Coos Bay, Lakeside, Reedsport, Powers.

Curry Public Transit - Coastal Espress serving cities b/w North Bend and Brookings 541.412.8806 M-F 8-4P \$4/ city segment. www.currypublictransit.org

Porter Stage Lines 126 Market Ave, Coos Bay 541.269.7183 Buy Tickets: M-F 7-1P Bus departs **Sun - Fri 7:15A & M-F 12:35P** www.porterstageline.com

Yellow Cab Coos Bay/North Bend \$7. In town (cash) Toll Free 1.866.877.3111 Local 541.267.3111

South Coast Taxi Coos Bay/North Bend \$6 in town (cash) 541.252.1461

SHOWERS

Nancy Devereux - FREE 1200 Newmark Ave Coos Bay At the "Y' by Ocean Blvd & Newmark 541.888.3202 M,W,F 10-1:30P

T.H.E. House - **FREE** 745 Koosbay Blvd Coos Bay 541.267.5331 Adults only **M-F 6-6:30P**

Charleston Boat Marina
Port of Coos Bay, Charleston
541.888.2548 **5AM-10PM** 3 minute showers
uses \$.50 tokens available at Marina office

Veterans Services

VA Outpatient Clinic 2191 Marion St North Bend (behind Safeway at Pony Village Mall) 541.756.8002

SOVO Veteran's Services 2191 Marion St North Bend 541.756.8718 www.oregonSCVAN.net

Veterans Services Continued

Point Man Ministries 541.247.3205 www.pointman101.org Nathan Henderson: 541.396.7590 Ron Van Blake 541.404.5552

Curry County Veteran's Services Office 29825 Colvin St Gold Beach 541.247-3205 **Tue-Th 9-5P**

Coos County Veteran's Services Office 217 N Adams Coquille 541.396.7590 M&Tues 7:30-5:30P 1855 Thomas Ave Coos Bay 541.435.7080 x 373 Wed & Thurs. 8-5P call first for an appointment

VA Housing Program 2191 Marion St North Bend 541.756.8023 or 1.800.549.8387 call for an appointment

SUPPORT GROUPS

Coos Health & Wellness 1975 McPherson (at Virginia) North Bend 541.751.2500 x 528 M-F 8-5 Walk in or Call for Appointment 24/7 Crisis Line 541.751.2550

ADAPT 400 Virginia St Ste 201 North Bend 541.751.0357 M – F 8 – 5 P 24 hour crisis line 541.751.0357

Support groups for gambling, smoking cessation & more please call for times

Women's Safety & Resource Center 1681 Newmark Ave, Coos Bay 24 – hour crisis line: 541.756.7000 Toll Free 1(888)793.5612 Business 541.888.1048 Support Groups Addressing: Domestic Violence: Separate Men & Women's groups, Sexual Assault for women survivors

AA (Alcoholics Anonymous) 541.269.3265 meeting locations & times Call toll FREE HOTLINE 1(888)203.1432

AL-ANON (Friends and Families of Alcoholics) 1(888) 425.2666 www.oregonal-anon.org

NAR – ANON (Narcotics Anonymous) 541.267.0273 **M-F 9-5P** 1(800)477.6291

Point Man Ministries 541.247.3205 www.pointman101.org Nathan Henderson: 541.396.7590 Ron Van Blake 541.404.5552

David Romprey Warm Line Peers who are ready to listen and learn with you. 1(800)698.2392 x 1 open **9A-11P daily**

OR Problem Gambling Helpline 1.800.522.4700 **24/7**

HEALTH

Bay Area Hospital 1775 Thompson Rd, Coos Bay

North Bend Medical Center Immediate Care: 541.267.5151 M-Th 5:30A-8P Sat 8:30A-Noon Doctor's office's M-F 7-6P 1900 Woodland Dr. North Bend

Waterfall Clinic 1890 Waite St, North Bend 541.756.6232 M,W,F 8-5P T,Th 8-7P

Oregon Health Authority Open enrollment begins Nov. 15 www.coveroregon.com 1.855.268.3767 **M-F 8-6P** 541.888.2667

Mammogram Assistance for Women Contact Bree's Foundation North Bend 541.982.4020 Bandon 541.347.4435 Coquille 541.396.5811 M-F 10-5 Sat 10-4 Walk in or call to ask about help with payment

Coos Health & Wellness 1975 McPherson (at Virginia) North Bend 541.751.2500 x 528 M-F 8-5 Walk in or Call for Appointment 24/7 Crisis Line 541.751.2550

Curry Community Health 94235 Moore St Ste 121 Gold Beach 541.247.4082 M-F 8-Noon & 1-5P

Curry County Vet Services 29825 Colvin St Gold Beach 541.247.3205 Tues-Th 9-5P

Seniors & People with Disabilities 3030 Broadway, North Bend 541.756.2017 **M-F 8-5P**

Western OR Advance Health 290 S 4th Suite 100, Coos Bay 541.269.7400 M-F 8-5P

National Alliance on Mental Illness 1(800) 343.6264

Bandon Community Health Clinic 780 2nd St #7, Bandon - Sliding Scale 541.347.2529 **M-F 8-5P**

YOUTH SERVICES

The Maslow Project (Families & Children) 760 S 2nd St, Coos Bay Free Meals, clothing, food bags GED classes, school supplies, showers & laundry. 541 297 4448

School hours: M-Thurs 1:30-4P Summer hours Tues-Thurs 12:30 - 4:30P

LEGAL

OR State Bay Lawyer Referral Ctr 1.800.452.7636

Oregon Law Center (Coos & Curry Counties & Reedsport area) 455 S 4th St Suite 5 P.O. Box 1098 Coos Bay 541.269.1226 or 1.800.303.3638

Statewide Public Benefits Hotline 800.520.5292

M-Th 1-4P & Tue & Wed 9A - Noon

Statewide Child Support Hotline 800.383.1222

M: 1-4P & Th: 9A - Noon

Crime Victims Assistance 1.800.211.7996

Coos Family Law Resource Center 541.396.1767

EMPLOYMENT

Atlas Services 340 State St. Coos Bay 541.267.2022 M-F 8-5P

Barrett Business Services Inc. 137 Hall Ave, Coos Bay 541.267.8200 M-Th 8-5P, Fri 8-4P

Cardinal Employment Services 110 Ackerman Ave, Coos Bay 541.888.9799 **M-F 8-5P**

Oregon Employment Dept (Work Source) 2075 Sheridan Ave, North Bend 541.756.8459 **M-F 8-5P** 541.756.5700

South Coast Business Employment Corporation 93781 Newport Lane, Coos Bay (Near Bunker Hill) 541.269.2013 **M-F 8-5P**

Experience Works 2075 Sheridan Ave. North Bend 1-877-779-7905

TRIBE MEMBERS ONLY

Coquille Tribal Health Clinic 600 Miluk Dr, Coos Bay (off Cape Arago Hwy) 541.888.9494 M-F 8-5P

Confederated Tribes Health Services 1245 Fulton Ave, Coos Bay Near Y at Ocean Blvd & Newmark Ave. 541-888-9577 **M-F 8-5P**

SHELTERS

South Coast Gospel Mission 1999 N 7th St. Coos Bay 541.269.5017 Dorms for men, women & children CHECK IN M-Sat 1-7P, Sun: 5-7P

T.H.E. House - Free 745 Koosbay Blvd, Coos Bay 541.267.5331 Adults Only CHECK IN: 5-9P

ABUSE

Women's Safety & Resource Center 1681 Newmark Ave, Coos Bay 24 -Hour Crisis Line 541.756.7000 Toll Free 888.793.5612 Business # 541.888.1048

Oasis Shelter Home Brookings 541.247.7600 or 1800.447.1167 Or 541.425.5238

ADAPT

Substance & Gambling Abuse Treatment 541.751.0357

NA/AA 541.267.0273

Gambling Hotline 800.522.4700

GENERAL/SERVICES

Salvation Army Church 1155 Flanagan Ave, Coos Bay Empire Area 541.888.5202 Tue-Fri 9:30-Noon

Coos Bay Public Library 525 Anderson, Coos Bay 541.269.1101M-TH 10-7PM F&Sat 12-6PM

Seniors & People w disabilities 3030 Broadway, North Bend 541.756.2017 M-F 8-5P

North Bend Public Library 1800 Sherman Ave, North Bend 541.756.0400 M-F 10-6PM, Sat 1-6PM

Social Security Office 3661 Broadway, North Bend 866.275.9901 M, T, Th, F 9 - 4P Wed 9-Noon

Maslow Project 740 S 2nd St, Coos Bay 541.297.4448 M-Th 1:30 - 4P

Dept of Human Services Food Stamps 2110 Newmark Ave, Coos Bay 541.888.2667 M-F 7-5:30P

OTHER

Southern Oregon Project Hope 530 N Broadway (101 S) Coos Bay 541.217.3500

Friends of Coos Co. Animals Inc. 541.269.1989 Voice Mail 24/7

FREE LAUNDRY

Nancy Devereux 1200 Newmark Ave Coos Bay At the "Y' by Ocean Blvd & Newmark 541.888.3202 **M,W,F 10-1:30 P**